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Voice lessons

Course length : one hour

I have been teaching voice to singers, actors, and dancers for the past 20 years. I myself have studied voice for nearly 20 years. Either through classical singing lessons, jazz singing, improvisation or speech voice, I have always been curious and highly interested in the process that allows the voice to find its freedom, alignment and resonance.

I have collaborated with many choreographers and contemporary dancers with whom I explore and deepen the link between voice and movement. The practice of meditation and Qi Gong have also been important tools in my search for vocal freedom.

Such studies and explorations have brought me to create a very personal approach to the voice, which involves the whole being. Through specific vocal, breathing and centering exercises, students learn to give up habits of controlling and discover instead a profound place of listening, presence and allowing; a more embodied, open, and honest connection to their voice, their creativity and their capacity to play.

It is with great pleasure that I share this knowledge and invite students to slow down, breathe and connect with their authentic voice.